

Experiencing the Lenten Journey Through Visio Divina



In the six weeks of Lent, the group will journey together using the practices of Visio Divina (sacred seeing) in order to deepen our relationship with God in our everyday life experiences. We will center ourselves together viewing a picture or image, each individually reflecting on how you see, feel, or hear with the ears and eyes of your heart, praying for God's leading, and contemplating how the spirit is speaking to your heart and how you might respond to God. A lectionary Lenten text will be read as an invitation into a time of sharing.

Tina Whaley

Zoom
Thursdays,
Feb 15 - March 22
7:00

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