



New Year's Reflective Retreat

Saturday, December 28th, 9AM to Noon on Zoom

Mark your calendar now! **New Year's Reflective Retreat** will be led online by Tina Whaley. The gentle time of reflection invites participants to experience guided prayer: inspirations and remembrances on the year behind (2024) and visions and anticipation in preparation for the year ahead (2025). Various words of Wisdom from scripture and “blessings” from various authors will be used to transition us between the movements of our experience with God.

This will be a contemplative prayer experience with options for creative expression, silence, and/or sharing. Optional preparation for our time together may include simply yourself and your online connection... or a beverage, a comfy chair... or supplies to write, journal, create, color, collage... or a candle, symbols, light... or a 2024 and/or 2025 basic calendar of events... or prayer shawl, pillows, yoga mat... or whatever is natural and comfortable for you. This will be your private sacred space of remembering and noticing.

If you are interested, contact Tina Whaley at pastortina@aol.com (or call 302-841-7589) and the zoom link will be sent to you.



“New Year's Reflective Retreat” will be led by Tina Whaley, who with her husband Ken has attended Epworth since 2021. They have three children, Charity, Maria, and Timothy, and four grandchildren, Hurley, Talulla, Weston, and Emmett.

Tina is a retired pastor who served as an Ordained Elder in The United Methodist Church. She now continues offering spiritual formation and direction through her ministry “Spiritual Direction for All.”