



Beef Stew

Mac & Cheese

Canned chicken

Canned corn

Tuna

Pasta

Pasta sauce

Peanut butter

Cereal and oatmeal

Pancake mix and syrup

Condiments

Ramen noodles

Spam

Canned fruit

Canned tomatoes (diced, crushed, etc.)

Jams and jellies

Rice

Chili

Dried beans

Black beans